

[REDACTED]

From:

Sent:

Tuesday, 8 December 2020 10:41 AM

To:

submissions; [REDACTED]

Subject:

Submission. "A1193: Irradiation as a phytosanitary measure for all fresh fruit and vegetables"

Categories:

Good Morning,

Irradiating of all fruit and vegetables would adversely affect the nutritional value and safety of significant components of the Australian and New Zealand food supplies. The nutritional and safety assessment fails to include research that questions the safety of irradiated foods and does not present evidence of the safety of a largely irradiated diet. Safety cannot be presumed.

Nutrition: Irradiation depletes the vitamin and nutritional content of food. FSANZ generally says that the decrease is no more than with cooking – but who expects their fresh fruit to be pre-cooked or for their cooked veggies to lose double the amount of nutrients?

With declining standards of health and unknown causes of various diseases, now, more the before, it is critical to have access to healthy and fresh foods for children and adults alike. We already know that the standard of nutrition in some nursing homes is below par. If this goes ahead, then they, in particular, would not have access to fresh foods as they have been pre cooked. What about people who have compromised immune systems?

Can this really be allowed to proceed. I already feel that some foods do not give adequate nutrition as I am Gluten Free, i have to be extremely careful with my intake. What about people recovering from cancer treatment. We all know that they should have organic produce. This can't be compromised at all.

I do not agree to irradiation of our food.

[REDACTED]